One of our most important New Age thinkers reveals how to overcome stress and achieve prosperity.

There are two realms that we have the ability to inhabit: the physical realm and the spiritual realm. In the physical realm, we find ourselves stressed by debt, unemployment, health bills, and more. These fears are real, but we don't have to find ourselves stuck there. Instead, we can enter the spiritual realm, where God has promised to make abundance and prosperity available to us all. We do not need to be worried; we do not need to be preoccupied with our current financial situation; we do not need to fear the future. We just need to have the right mindset, the right faith that the power of God can and will work with the universe to produce miracles in our lives.

Marianne Williamson is an internationally acclaimed author and lecturer. Six of her books have been New York Times Bestsellers. Marianne's latest, A Course in Weight Loss was selected by Oprah to be one of her Favorite Things in 2010. She has been a popular guest on television programs such as Oprah, Larry King, and Good Morning America. In December 2006, a Newsweek magazine poll named Marianne Williamson one of the fifty most influential baby boomers.

"The author's unshakable faith infuses every minute of this wonderfully crafted lesson for people in desperate financial situations. Written with her usual care to be precisely understood, Williamson's message is delivered with the unstoppable determination one usually hears in a world-class sermon, though her speaking voice itself is quite peaceful and even tempered." — AudioFile Magazine