



TITLE:
Hustle and Heart

AUTHOR:
Kailyn Lowry

READ BY:
Renee Chambliss

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Hustle and Heart

by Kailyn Lowry

Read by Renee Chambliss

Teen Mom Kailyn Lowry shares personal stories and offers up advice for life's challenges.

As a small-town girl turned teen mom, reality TV star, bestselling author and social media celebrity Kailyn Lowry has been through some crazy ups and downs. Now she's sharing the inspiration that got her through it all. Hustle and Heart is packed with inspiring motivational messages, personal advice and relatable experiences for those making their way through life's challenging mix of joy and hardship. From bullying, sexual assault and body image to motherhood, marriage and career challenges, Kailyn wants you to know that there's nothing you can't survive—with a little bit of hustle and heart.

AUTHOR

Kailyn Lowry is the feisty, tattooed beauty whose determination to raise her son on her own terms has been documented on MTV's hit series Teen Mom 2. She is the author of the New York Times bestseller *Pride Over Pity* and *Love is Bubblegum*.

READ BY

Renee Chambliss got her start in audiobook narration in 2009 when she began podcasting her own writing. She absolutely loves transforming the written word into audio and feels privileged to be able to spend so much of her time telling stories.