

FOREWORD BY MARY LOU RETTON

# COURAGE TO SOAR

A BODY  
IN MOTIONA LIFE  
IN BALANCE

## SIMONE BILES

WITH NEW YORK TIMES BESTSELLING AUTHOR MICHELLE BURFORD

## TITLE:

**Courage to Soar**

## AUTHOR:

**Simone Biles, Michelle Burford**

## READ BY:

**Imani Parks**

## CLASSIFICATION:

**NONFICTION**

## GENRES:

**Biographies & Memoirs / Inspirational / Sports / Young Adult Nonfiction**

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## Courage to Soar

by Simone Biles, Michelle Burford

Read by Imani Parks

**Biles shares the details of her inspiring personal story from foster care to Olympic gold.**

Simone Biles' God-given talent, passion, and perseverance have made her one of the top gymnasts in the world, as well as a four-time winner of Olympic gold in Rio de Janeiro. But there is more to Simone than the nineteen medals-fourteen of them gold-and the Olympic successes. Through years of hard work and determination, she has relied on her faith and family to stay focused and positive. Here, in her own words, Simone takes you through the events, challenges, and trials that carried her from an early childhood in foster care to a coveted spot on the 2016 Olympic team. Along the way, Simone shares the details of her inspiring personal story.

### AUTHOR

Simone Biles is an American artistic gymnast. She was part of the gold medal-winning team dubbed the "Final Five" at the 2016 Summer Olympics in Rio de Janeiro, winning gold in vault, floor & individual all-around events. She also won the bronze medal for the balance beam during these Olympics. Biles is a three-time world all-around champion & world floor champion, two-time world balance beam champion, and four-time United States national all-around champion.

### READ BY

Imani Parks was born in Los Angeles and raised in New York City. Parks has appeared in Broadway shows such as *The Lion King*, *Wait Until Dark*, and *Show Boat*, as well as the feature film *Love Don't Cost a Thing*. Parks is currently attending The Fashion Institute of Design and Merchandising, majoring in Product Development while pursuing a career in acting, modeling and singing.