



TITLE:
Choose to Matter

AUTHOR:
Julie Fouly

READ BY:
Julie Fouly

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NONFICTION

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Choose to Matter

by Julie Fouly

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Every young woman has the power to be a leader who makes a positive impact.

In *Choose to Matter*, Julie Fouly, a two-time Olympic Gold Medalist and the former captain of the US National team, takes you on a journey to discover your authentic self. This book is a roadmap you can use to unleash that courageous YOU, teaching you how to sing your dreams out loud. Along with sharing stories from her own life, Julie taps into the wisdom of other incredible female leaders, including Good Morning America anchor Robin Roberts, soccer stars Mia Hamm and Alex Morgan, and Facebook superwoman and Lean In founder Sheryl Sandberg. In her Leadership Academy, Julie encourages young women to find the leader that exists in all of them, whatever their personality or vocal cord strength might be. Complete with fun exercises and activities, *Choose to Matter* guides readers in all aspects of their lives, revealing that every girl has the power to be a leader who makes a positive impact—it all just starts by choosing to matter. So go ahead, start now. Because you can.

AUTHOR

Julie Fouly, a retired American professional soccer midfielder, is a two-time World Cup Champion, a two-time Olympic Gold Medalist, and an Olympic Silver Medalist. In 2007, she was inducted into the US National Soccer Hall of Fame. In addition to her work on the field, she has served the Women's Sports Foundation as both its president and as one of its board members, and she currently serves as the director and the founder of the Julie Fouly Leadership Academy.