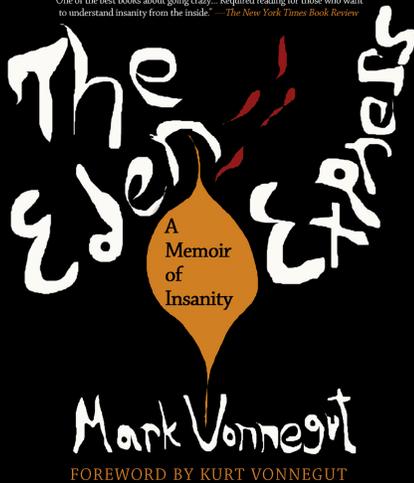


"One of the best books about going crazy... Required reading for those who want to understand insanity from the inside." — *The New York Times Book Review*



TITLE:
The Eden Express

AUTHOR:
Mark Vonnegut

READ BY:
Pete Cross

CLASSIFICATION:
NONFICTION

GENRES:
Biographies & Memoirs / Nonfiction / Psychology

LANGUAGE:
English

FORMAT:
UNABRIDGED

RUN TIME:
9 hours : 54 minutes

RELEASE DATE:
December 19, 2017

MEDIA	ISBN	PRICE
8 Audio CDs	9781520088525	US \$49.99
2 MP3 CDs	9781520088563	US \$29.99

Winner - Earphone Award— *Awards*

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The Eden Express

by Mark Vonnegut

Read by Pete Cross

Lighthearted and moving, this revealing memoir about mental illness is soon to be adapted for film!

Mark Vonnegut set out in search of Eden with his VW bug, his girlfriend, his dog, and his ideals, but genetic predisposition and "a whole lot of **** going down" made him crazy in a culture that told him "mental illness is a myth" and "schizophrenia is a sane response to an insane society." Describing his experiences during the late '60s and early '70s, *Eden Express* reveals how Mark went from being a recent college grad who was in love and living communally on a farm-with a famous, doting father, a cherished dog, and a prized jalopy-to having nervous breakdowns and then, eventually, emerging from them to write this book and to find the meaningful life that had-for a while-seemed out of reach. But the real story here is that, throughout his harrowing experience, Mark's sense of humor let him see the humanity in what he was going through and that his gift for language let him describe it in such a way that others could begin to imagine its utter ordinariness as well as the madness that we all share.

AUTHOR

Mark Vonnegut went to medical school after writing *The Eden Express*. He lives with his wife and two children in Milton, Massachusetts, where he is a full-time practicing pediatrician.

READ BY

Pete Cross earned his MFA from the California Institute of the Arts and has been narrating audiobooks since 2015. He received an Audie nomination for 2016's *A Time to Die*. In 2017, he garnered both an Earphones Award and a Parent's Choice Award for his narration of *Openly Straight*. An Ohio native, he spent eight years in Los Angeles where he coached actors, was lucky enough to work with French director Quentin Dupieux, and despised the traffic.