



TITLE:  
**How to Think Like a Cat**

AUTHOR:  
**Stéphane Garnier**

READ BY:  
**George Newbern**

CLASSIFICATION:  
**NONFICTION**

GENRES:  
**Animals / Humorous / Nonfiction / Personal Growth**

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**Winner of AudioFile Earphones Award— Awards**

**"This is a graceful invitation to bring peace and elegance into our lives by thinking like a cat."— *Audiofile***

## How to Think Like a Cat

by Stéphane Garnier

Read by George Newbern

**A delightful internationally bestselling guide for living the good life...just like a cat...**

The Cat is calm, observant, charismatic, independent, proud, and joyful; he knows how to strut and is impervious to judgement; he accepts himself as he is and adapts quickly; he knows to say nothing and to avoid conflicts, and yet he knows exactly what he wants and dares to ask for it. The Cat is free.

After observing his cat, Ziggy, for years, Stéphane Garnier became convinced that cats have life down to an art form, so he set out to share Ziggy's *je ne sais quoi* with the world. Highlighting forty trademark cat qualities that are (almost) entirely applicable to human daily living, Garnier provides insights that are delightfully useful as well as tips for living a day in the life of a cat-and a Q&A to test your "cat quotient" to see how much work you have to do learn the subtle art of living like a feline.

Whether at work, at home, or in your social life, you can learn from cats how to resist stress, remain independent, never lose your charisma, and quietly influence the world around you.

### AUTHOR

Stéphane Garnier is a French author of novels, essays, blogs, news stories, poetry, and humor. He also has been a sound engineer, a lyricist, a website developer, a communications professional, a president of a logo-design company, a handyman at an oceanographic station, a parcel sorter, a hotel manager, a real-estate agent, a barista, a musk salesman, and a powerful observer of the human experience. He lives in Paris, France.

### READ BY



George Newbern has appeared in *Father of the Bride*, *Father of the Bride II*, *Evening Star*, *Adventures in Babysitting*, and many other films. On television, he has had roles on *Scandal*, *Friends*, *Nip/Tuck*, *Hot in Cleveland*, *CSI*, and more. He is also known for providing the voice of Superman in *Justice League* and for narrating audiobooks.