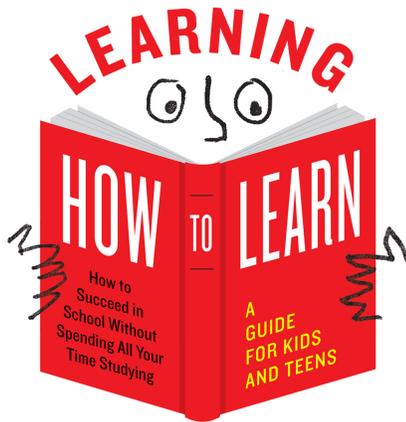


From the bestselling author of *A Mind for Numbers* and the creators of the popular online course Learning How to Learn



BARBARA OAKLEY, PhD, AND TERRENCE SEJNOWSKI, PhD
WITH ALISTAIR McCONVILLE

TITLE:
Learning How to Learn

AUTHOR:
Barbara Oakley, PhD, Terrence Sejnowski, PhD

READ BY:
Laural Merlington

CLASSIFICATION:
NONFICTION

GENRES:
Education / Juvenile Nonfiction / Science

LANGUAGE:
English

FORMAT:
UNABRIDGED

RUN TIME:
5 hours : 33 minutes

RELEASE DATE:
August 7, 2018

MEDIA	ISBN	PRICE
5 Audio CDs	9781974903870	US \$39.99
1 MP3 CD	9781974903917	US \$29.99

Learning How to Learn

by Barbara Oakley, PhD, Terrence Sejnowski, PhD

Read by Laural Merlington

This essential guide makes learning engaging and accessible for those that need it most.

Drs. Barbara Oakley and Terrence Sejnowski's popular online course "Learning How to Learn," based on Dr. Oakley's bestselling book *A Mind for Numbers*, has enrolled more than 1.8 million students from more than 200 countries. In this much needed follow-up to *A Mind for Numbers*, the authors teach kids and teens how to learn effectively at a time when they most need these skills. *Learning How to Learn* teaches them about the importance of both focused concentration and letting their minds wander, how the brain makes connections between different pieces of information, the value of metaphors in developing understanding, why procrastination is the enemy of problem solving, and much more. Filled with application questions and exercises, this audiobook makes learning engaging and accessible.

AUTHOR

Barbara Oakley, PhD, is a professor of engineering at Oakland University in Rochester, Michigan, and the Ramon y Cajal Distinguished Scholar of Global Digital Learning at McMaster University. Her research involves bioengineering with an emphasis on neuroscience and cognitive psychology. She co-teaches the world's most popular MOOC, "Learning How to Learn," and she has received many awards for her teaching, including the American Society of Engineering Education's Chester F. Carlson Award for Technical Innovation in Education.

READ BY



Laural Merlington began working in regional theater at the age of seventeen. For over thirty years, she has acted on stage, and, for over twenty, she has narrated and directed more than two hundred audiobooks. An Audie nominee, she has received several Earphones Awards. In addition to her theater and voice-over career, she also teaches college in Michigan, her home state.