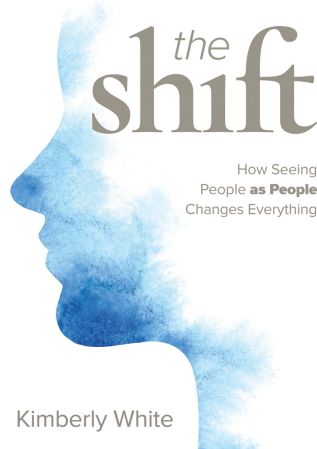




FOREWORD BY THE ARBINGER INSTITUTE  
 Authors of the international bestseller *Leadership and Self-Deception*



Kimberly White

**TITLE:**  
**The Shift**

**AUTHOR:**  
**Kimberly White**

**READ BY:**  
**Kimberly White**

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## The Shift

by Kimberly White

Read by Kimberly White

### A simple yet profound shift

Seeing people as people is an idea so simple you'll swear you've heard it a million times but so profound you'll never stop learning from it. Kimberly White discovered it in a chain of nursing homes whose leaders, nurses, and housekeepers saw their patients not as tasks to be ticked o a to-do list but as valuable human beings. White helps you to this transformative shift with warm encouragement, insightful guidance, and powerfully moving, true accounts of extraordinary human goodness.

### AUTHOR

Kimberly White is a writer, certified Arbinger presenter and former research assistant to the founder of the Arbinger Institute, Terry Warner. Her nine months of research for this book included dozens of hours working alongside nursing home employees in offices, vans, patient rooms, and kitchens.